

# Resources for Engaging Older Adults with Technology

## Books

50+ Library Services: Innovation in Action by Diantha Schull

Without a Net: Librarians Bridging the Digital Divide by Jessamyn C. West

## Online resources

Northstar Digital Literacy Project

<http://www.digitalliteracyassessment.org/index.php>

Goodwill Community Foundation Learn Free

<http://www.gcflearnfree.org/>

Teaching Your Parents from Google

<http://www.teachparentstech.org/watch>

BeanWorks - Connecting the Disconnected, Tips 1-9

<http://beanworks.wordpress.com/2007/03/10/connecting-the-disconnected/>

“Mousercise” online sites for learning mouse movement

<http://www.3street.org/mouse/>

<http://www.pbclibrary.org/mousing/mousercise.htm>

Skillful Senior

<http://www.skillfulsenior.com/skills/index.php>

SeniorNet

[http://www.seniornet.org/index.php?option=com\\_content&task=view&id=152&Itemid=36](http://www.seniornet.org/index.php?option=com_content&task=view&id=152&Itemid=36)

Digital Learn

<http://digitallearn.org/>

EveryoneOn

<http://www.everyoneon.org/>

Metropolitan Area Agency on Aging (MAAA)

<http://www.tcaging.org/findinghelp/seniorsurf.html>

Learning Express Library

<http://www.learnatest.com/llel/index.cfm>

## Teaching Resources

Tips for teaching older adults how to use computers

[http://skyways.lib.ks.us/tricon/2005/handouts/tips\\_for\\_teaching.pdf](http://skyways.lib.ks.us/tricon/2005/handouts/tips_for_teaching.pdf)

Informal list of best practices: How to help someone use a computer

<http://polaris.gseis.ucla.edu/pagre/how-to-help.html>

Helping Older Adults Search for Health Information Online: A Toolkit for Trainers (scroll down to Module 1 for Internet Toolkit)

<http://nihseniorhealth.gov/toolkit/toolkit.html>

Teaching computer skills to Third Agers: A program from across the pond

<http://www.uni-ulm.de/LiLL/5.0/E/teaching/teachingframes.html>

Net Literacy - Senior Connects Lesson Plans

<http://www.netliteracy.org/senior-connects/lesson-plans/>

Online Tech Training for Staff

<http://create.coloradovirtuallibrary.org/online-tech-training-staff>

Easy-to-follow video tutorials for learning all types of software in order to teach others - paid

[www.lynda.com](http://www.lynda.com)

OASIS Connections - Curriculum with workbooks for older adult technology courses - paid

<http://www.oasisnet.org/Programs/ConnectionsTechnology.aspx>

## Articles

OLDER ADULTS AND INTERNET USE (Pew, 2012)

<http://www.pewinternet.org/2012/06/06/main-report-15/>

OLDER ADULTS AND SOCIAL MEDIA (Pew, 2010)

<http://www.pewinternet.org/2010/08/27/older-adults-and-social-media/>

The 60's are the new 20's: Teaching older adults technology by Rapheal C. Heaggans: SRATE Journal, Summer 2012, Vol. 21, Number 2

<http://apbrwww5.apsu.edu/SRATE/JournalEditions/212/Heaggans.pdf>

Meeting the Challenge: Training an Aging Population How to Use Computers by Carol Bean, The Southeastern Librarian, Volume 51, Issue 3, Article 6, 2003

<http://digitalcommons.kennesaw.edu/cgi/viewcontent.cgi?article=1078&context=seln>