

SeniorNet - 6 March 2014 - Defibrillation Training

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Defibrillator – in cabinet on kitchen wall

Keep Calm

For sudden cardiac arrests.

Call ambulance first - dial 111 - 10% diminish for every minute delay

Defibrillator - to use while waiting for ambulance.

Will **NOT** shock if **NOT** needed.

Check person.

Hit below shoulder with back of hand only

Check breathing.

Get person onto floor.

Roll onto side to check not choking on tongue.

Not breathing - Put onto back.

Get defibrillator - Stays in "carry case".

Do **NOT** look for pulse.

Push **GREEN** button to turn on - it tells you what to do.

Remove clothing as quickly as possible as defibrillator will not work through clothing.

Cut off necessary clothing - scissors are with defibrillator.

Must be a dry surface - cloth in case to dry skin.

Razor also in case to remove any hair on chest as quick as possible.

PULL GREEN TAB - Defibrillator continues to tell you what to do. Get pads out.

Place PADS - top right above right breast - and - under left breast.

Pads in diagonal position to send shock through heart.

Do **NOT** touch patient. Stand clear of patient.

PRESS ORANGE SHOCK BUTTON

Machine advises how to do cardiac massage (CPR).

Press between nipples - **HARD** - arms straight.

Talks to you - analyses - advises.

KEEP GOING - HARDER

When ambulance arrives it receives full reading from defib - to enable them to continue.

After use ring Amtech, Wanganui to get fresh pack. (Contact details next page)

Cannot shock anyone that does not need it - "NO shock" - advised.
Defibrillator talks you through everything.
Second person can take over CPR to give first a spell

Head right back if for mouth to mouth - do this only if confident.

Cannot cause anyone harm with SeniorNet defibrillator - won't do it - says **NO**.

If no defibrillator available just do cardiac massage CPR.

Hand position -
Kneel - rocking - arms straight.
Hand over hand and lock fingers.
Use 'heel' of hand (wrist)

Could break ribs, but may be dead otherwise.
NO drink or fluid.

Must stand away from person when defibrillator says so.

General First Aid

For person feeling faint - but still breathing.

Get person onto floor.
Raise feet.
Keep talking to person.
If recovering = OK
but
otherwise semi-sit person on floor and lean them backwards.

Call ambulance - Dial 111 for further assessment.

Amtech contacts for service, battery packs etc.

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